# **NEWSLETTER OCTOBER 2024**

100-20436
Fraser Hwy.
Langley,
British Columbia
V3A 4G2



604-530-0535 www.newdirections school.com

## **LINC CLASSES**

Improve your communication skills.
Prepare for Citizenship.
Progress in your career.

Free ESL classes from LINC 1 to LINC 8
and Pre-Literacy
Schedules: Monday to Saturday

Morning – 9:00 am to 1:00 pm Afternoon – 1:00 pm to 4:00 pm Evening – 6:00 pm to 9:00 pm Saturday – 10:00 am to 2:00 pm

### **Locations:**

- Langley 100-20436 Fraser Hwy. BCV3A 4G2 and 20408 Douglas Crescent.
- Aldergrove St. Dunstans Anglican Church 3025 264st. V4W 2W4
- **Q**Aldergrove − Firehouse Cafe-Langley Meals on Wheels 2900 272 St. V4W 3R4

#### **Services:**

- Childcare Coordinator to assist parents with childcare subsidies.
- Morning and afternoon daycare for children 1 to 5 years old available at licensed daycare and pre-schools.
- Childminding on site for Aldergrove classes and Langley Saturday class.

#### **OCTOBER 1 ST**

INTERNATIONAL
DAY OF OLDER
PERSONS

# OCTOBER 10TH - WORLD MENTAL HEALTH DAY

World Mental Health Day spotlights mental health around the world, to raise awareness of mental health issues and encourage efforts to support those experiencing mental health challenges.



WOMEN'S HISTORY MONTH

Women's History Month aims to raise awareness of the barriers that prevent full equality for women around the world.







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