## ALL SEASON HERBAL GARDENS ANA DUSHYNA

Ana will talk about which plants to choose to make an herbal apothecary garden that is both beautiful and useful throughout the year. Her programs combine science, history and practical recommendations on how to grow and harvest plants. From her perspective, herbs are unusual beauties with the power to cure.

Medicinal plants offer us diversity of shape and colour, as well as refined aromas. At first glance, medicinal plants may not be as bright as ornamental ones. But when you know each plant in your garden, you become a good magician who can bring health and happiness to your loved ones.

EVERYONE WHO
ATTENDS WILL BE
ENTERED TO WIN A
HERB GARDEN KIT AT
THE PROGRAM!



pharmacology specialist, Master of Science in pharmacy, speaker, certified landscaper and herbal garden designer. She devotes her expertise to encouraging people across Canada to grow and use well-researched medicinal plants from all around the world.

@ @ana\_herbal\_apothecary

MONDAY, SEPT 23, 6:00 PM - 7:00 PM - MURRAYVILLE LIBRARY

TUESDAY, SEPT 24, 6:00 PM - 7:00 PM • CITY OF LANGLEY LIBRARY

WEDNESDAY, SEPT 25, 6:00 PM - 7:00 PM • MAPLE RIDGE LIBRARY

THURSDAY, SEPT 26, 6:00 PM - 7:00 PM - CLEARBROOK LIBRARY



WEDNESDAY, OCT 16, 5:00 PM - 6:00 PM - WHITE ROCK LIBRARY

CONTEST RULES: Prize is one (1) herbal gardening kit valued at approximately \$20 Open to people who live, work or play in the Fraser Valley Regional Library service area, except directors and employees of Fraser Valley Regional Library who attend an All Season Herbal Gardens program in-person. One (1) entry in-person allowed. One (1) winner will be chosen and winners will be notified during the program. You are providing your information to Fraser Valley Regional Library and it will only be used for contacting the winners. Winners are only eligible to win one (1) contest prize. Winners forfeit unclaimed prizes after three months. No purchase necessary.



View events online at <u>fvrl.me/anadushyna</u> or scan QR code.

Fraser Valley Regional Library upholds the principle of freedom of expression and supports the rights of individuals to read, speak, view, and exchange differing perspectives. The library facilitates a variety of programs; this does not imply endorsement or sanction of any of the views expressed by presenters.

